

## Approved Medications

For Pain- Anacin Bufferin Excedrin Tylenol Bayer Aleve  
Advil Motrin Ibuprofen Midol Pamprin

- The "Extra Strength" versions of the above medication is approved to take
- Do not take any "Cold and Sinus" , "Allergy" or "Flu" versions of the above medication

### PRESCRIPTION NON-NARCOTIC PAIN MEDICATIONS:

Naprosyn Motrin Mobic

DO NOT TAKE ANY PAIN MEDICATIONS WITHOUT PRIOR APPROVAL. This includes:

Vicodin Percocet Darvocet Lortab Tylenol w/Codeine Vicoprofen, Xanax, Klonopin, (benzodiazepines) Ultram

THIS INCLUDES MUSCLE RELAXANTS SUCH AS: Soma Robaxin

For Allergies- Benadryl Allergy (Pink Box)  
"Simply Allergy" from Tylenol  
Equate Allergy (Pink Box)  
Tylenol "Severe Allergy" (Yellow Box)

For Colds- Alka-Seltzer Plus Cold (Blue Box)  
Alka-Seltzer Plus Flu (Orange Box)  
Alka-Seltzer Plus Cold & Cough (Purple Box)  
Chlor-Trimeton (Green Box)  
Dristan Cold Original (Red Box)  
Robitussin DM (ONLY the DM version)  
Vicks 44m Cough & Chest Congestion (Purple Box)  
Vicks 44m Cough Relief (Green Box)  
Honey Cough by Robitussin (Green Box)  
Afrin No Drip Nasal Spray (Purple Box)  
Any Halls Cough Drops  
Vicks Vapor Rub (Don't Eat It)

**\*\*Do NOT take any "Liquid Cap" version of the above medication**

For Stomach Aches- Tums Roloids Maalox Pepto-Bismol  
Gaviscon Mylanta Tagamet HB Ex-Lax  
Imodium Gas-X Pepcid Prilosec

**\*\*Sealed and unopened medication bottles/containers only**

**\*\*You MUST take the above medication as directed on the label**

**\*\*Only Regular vitamins may be taken**

**\*\*DO NOT TAKE ANY HERBAL SUPPLEMENTS OR HERBAL DIET AIDS**

If any OTC medications are needed for longer than 5 days the OTC medication will be discontinued until the physician is notified.

\_\_\_\_Signed by Dr. Ridenour 5/22/2012\_\_\_\_  
Gary C. Ridenour, M.D.